



PLATELET-RICH-PLASMA (PRP) DESCRIPTION OF TREATMENT AND EXEMPTIONS

- This treatment involves the initial collection of your blood (approximately 15 – 20ml).
- Your blood is then spun using a centrifuge to separate the plasma and platelet portion.
- The PRP portion of your blood is then injected back into your skin to stimulate new collagen production, and to re-energise your cells into rejuvenating themselves.
- The product injected is **100% your own blood by-product** (autologous).

You should not have PRP treatment done if you have any of the following:

1. Skin conditions or diseases including:

- Facial cancer (past and present),
- Systemic cancer,
- Chemotherapy,
- Steroid therapy,
- Dermatological diseases affecting the face,
- Blood disorders and platelet abnormalities,
- Anticoagulation therapy (i.e. Warfarin)

Do you have any of the above? Please circle Yes No

If you are unsure about any of above mentioned conditions, please consult your doctor.

2. Have you been told that you suffer from:

- Platelet dysfunction syndrome,
- Critical thrombocytopenia (a condition in which you have a low blood platelet count),
- Hypofibrinogenaemia (a coagulation disorder characterised by mild bleeding symptoms following trauma or surgery due to a reduced plasma fibrinogen concentration),
- Haemodynamic instability (occurs when there's abnormal or unstable blood pressure, which can cause inadequate blood flow to your organs),
- Sepsis,
- Chronic liver disease,
- Hepatitis or
- Any acute/chronic infections?

Do you have any of the above? Please circle Yes No

If yes, please consult your doctor.

3. Are you currently taking any of the following:

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|---|----------------------|-----|----|
| • Aspirin | Please circle | Yes | No |
| • Anti-inflammatory medications such as Nurofen, Voltarol, Diclofenac or Naproxen etc.? | Please circle | Yes | No |

4. Are you currently or have you recently (within 14 days) taken:

- | | | | |
|--|----------------------|-----|----|
| • Vitamin E | Please circle | Yes | No |
| • Or Fish Oil supplements that could have a thinning effect on your blood? | Please circle | Yes | No |